ALERT

PeriPAN **WEBINAR**

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Psychopharmacology: Common Psychotropics for Maternal Mental Health Conditions

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Josephine Novak, MD

Presenting from The University of Texas Medical Branch

Learning Objectives

- Review the psychopharmacology of common psychotropic medications.
- Discuss psychotropics utilized on the common mental health conditions: anxiety disorders, depressive disorders, ADHD, PTSD, bipolar disorder, OCD, and schizophrenia.
- Explore potential risks and benefits of these medications in perinatal populations.
- Identify evidence-based prescribing practices during pregnancy and breastfeeding using the PLLR (pregnancy and lactation labeling rule).

If you have CME/CEU questions, please email OPDACE@TTUHSC.EDU for assistance.

Credit Designation Statements

View the full credit designation information here.
Effective dates: September 4, 2026 - September 3, 2029
This accredited activity may be completed once every 12 months.
Please review this document for instructions on how to claim credit.

Accreditation Statement

In support of improving patient care, Texas Tech University Health Sciences Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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